

# BMQG BLOCK OF THE MONTH

OCTOBER 2015 - LADY OF THE LAKE



## COLOURS:

Greens, yellows, browns, golds, bronzes. Avoid bright and very dark or very light colours; choose more muted tones. Choose two fabrics that have good contrast.

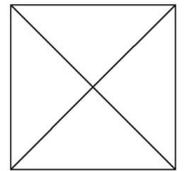
## CUTTING (slightly oversized so you can square them up):

Cut two 6 1/2" squares of each colour

Cut one 7 1/2" squares of each colour (this will give you two centre half square triangles - start a second block, or just cut triangles that will sew into one centre square)

This block's dimensions are 10 1/2" square to finish at 10".

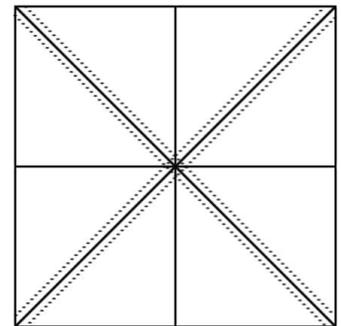
Eight small half square triangles: (repeat for a second set of 8): On the wrong side of the fabric, mark one of the 6 1/2" squares diagonally from corner to corner twice (see diagram at right).



Lay the two contrasting 6 1/2 inch squares right sides together. If desired, pin in areas away from the marked lines.

Sew 1/4" away from the line on both sides of both diagonals (dotted lines in diagram).

Being careful not to shift its position while cutting, cut the square vertically and horizontally into 4 separate squares and then diagonally into 8 separate triangles (solid lines in diagram).



Cut off the tips of the seam allowances from the triangles. Open and iron them flat with the seam allowances to one side. Square them up to 2 1/2".

One large centre half square triangle: Mark one of the 7 1/2" squares with one corner-to-corner diagonal and sew a 1/4" seam on each side. Cut in half along the diagonal. Cut off the tips of the seam allowance. Open and iron flat with the seam allowance to one side. Square up to 6 1/2". (You only need one for this block)

Piecing the block: Refer to the block sample above to lay out the small half square triangles around the large one. The smaller triangles all face the same direction. The larger triangle's light side is against the dark side of the smaller triangles and vice versa. While sewing, double check their orientation again a couple of times. It's easy to mix them up.

Sew two sets of 3 small half square triangles horizontally for the bottom and top and iron them flat with the seams to one side. Sew these to the bottom and top of the large half square triangle. Iron this middle section flat with the seams to one side.

Sew two sets of 5 half square triangles vertically and iron them flat with the seams to one side. Sew these to the sides of the middle section, matching the seams at the corner squares. Iron flat with the seams to one side.