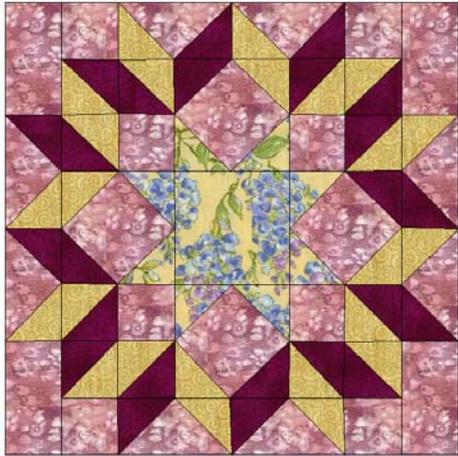


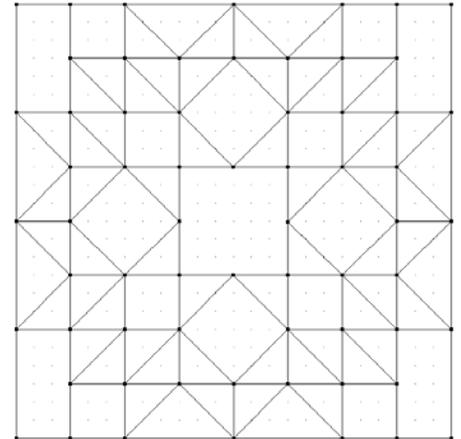
Dutch Rose

12 inches finished



This is a simplification of a block simply called Square A in an 1870 edition of *Hearth and Home*.

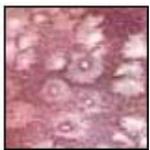
It shows off a terrific focus fabric for the centre star, and two shades of ribbon around the outside



This block looks quite complex, but it is really only some flying

geese, half square squares, and some square within a square blocks, which I usually do with connector corners.

Background: (see back page for cutting layout)



- 4 - 3 1/2 inch squares for square in a square
- 8 - 2 inch squares for inner star and outer border
- 4 - 3 1/2 by 2 inch rectangles for outer border
- 8 - 3 1/2 by 2 inch rectangles for flying geese
- (or 8 triangles from a 2 inch strip with a Quarter Square triangle or Companion ruler)



Focus:



- 1 - 3 1/2 inch square for centre
- 8 - 2 inch squares for connector corners



Ribbon 1:



- 4 - 2 inch squares for connector corners
- 6 - 2 3/8 inch squares for half square triangles
- (or 12 triangles from 2 inch strip with a half square triangle or Easy Angle ruler)
- 8 - 2 inch squares for flying geese
- (or 8 triangles from 2 inch strip with a half square triangle or Easy Angle ruler)



Ribbon 2:

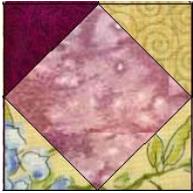


- 4 - 2 inch squares for connector corners
- 6 - 2 3/8 inch squares for half square triangles
- (or 12 triangles from 2 inch strip with a half square triangle or Easy Angle ruler)
- 8 - 2 inch squares for flying geese
- (or 8 triangles from 2 inch strip with a half square triangle or Easy Angle ruler)



Let's start assembling the pieces:

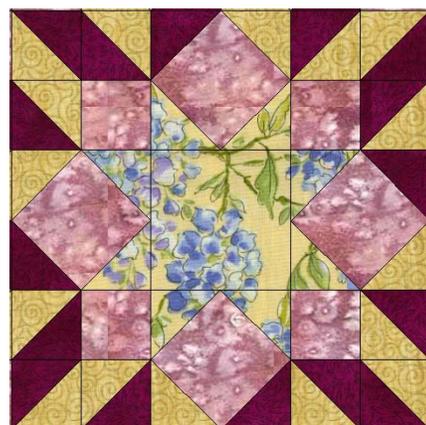
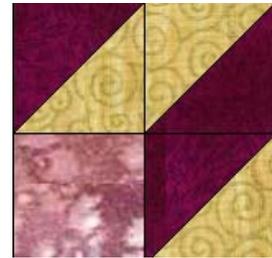
Sew two focus fabric connectors to adjacent sides of the $3\frac{1}{2}$ inch squares of background, and one each of the ribbon squares to the other side - make sure all four are the same!



The diagram shows the focus fabric on the bottom corners, and the two ribbon fabrics on the top. The darker ribbon will be on the left, and the 'back' or lighter side will be on the right.

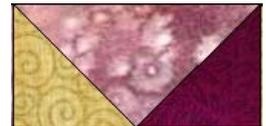
Make 12 half square triangles from your two ribbon fabrics using the $2\frac{3}{8}$ inch squares - or from two half square triangles.

Sew 3 ribbon half squares and one background square together - watch the rotation on the triangle squares -



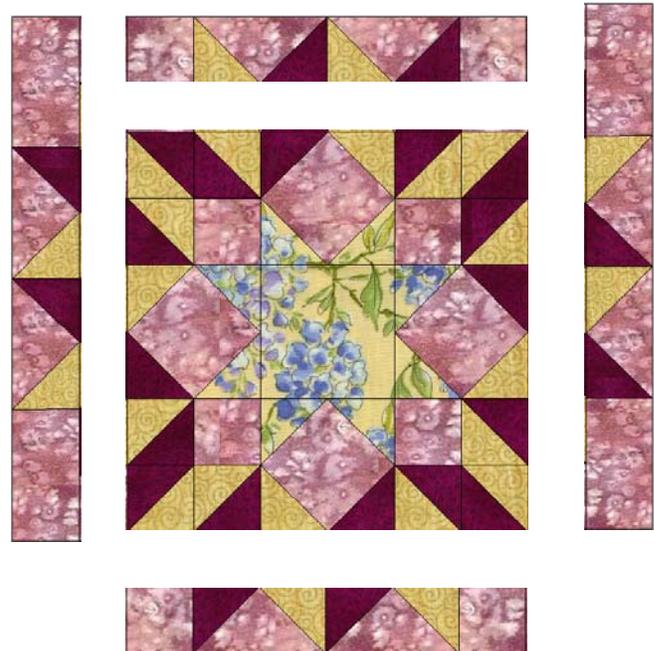
Now using the patches you have made so far and the centre focus square, make the centre of the rose. See it's just a simple nine patch!

For the outside, make eight flying geese using one background rectangle for the goose, and one of each ribbon for the sky. Again - watch the placement of the ribbon colours:

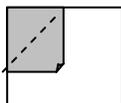


Finally, sew these into a border for the nine patch, and you have your very elaborate looking star -

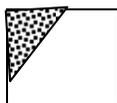
Just join two flying geese together, and add a background square to each end. Attach one of these sections to the top and bottom of the centre. Add the remaining background rectangles to the remaining two sections and add them to the sides.



Connector Corners:

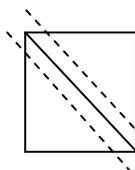


Draw a line kitty corner across the back of your small connector square. Place this on the appropriate corner of your larger piece, right sides together. Make sure that the line that you drew is in the correct position.
Now, sew along that line.



Press the connector into the corner so that the right side of the connector is in the correct position on the base piece, then trim away the centre layer $\frac{1}{4}$ inch from the seam. Square up your piece.

Half Square Triangles:



Use two different fabrics to make two $\frac{1}{2}$ square triangles.

On the back of the lighter of your two fabrics, draw a line kitty corner. Layer your two squares right sides together and sew $\frac{1}{4}$ inch on either side of the line. Cut along the line, press the seam towards the dark side. Square to the correct size if you aren't using this to make quarter squares.

Flying Geese:

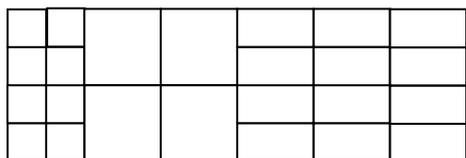
There are several ways of making flying geese - here are just a couple:

- If you have triangle rulers, the goose is a quarter square triangle, and the background are half square triangles cut from strips the height of your finished geese plus $\frac{1}{2}$ inch. Simply lay out and sew.
- Cut a rectangle the length and height of your finished goose plus $\frac{1}{2}$ inch. Sew connector corners the height of your goose on each end.
- For a three dimensional goose, cut your rectangle and fold it in half *WRONG* sides together. Sandwich it inside your two background pieces so that the fold is at the top and $\frac{1}{4}$ inch down from the top edges of your sky sandwich. Now sew down the right side of the squares - press open the seam, and your goose will be made!

Note: geese are always twice as wide as they are tall (1 by 2, 2 by 4 finished plus $\frac{1}{2}$ inch for seams).

Cutting layout for Background piece handed out at Guild Meeting:

WITHOUT TRIANGLE RULERS:



Cut two inch strips crosswise, then cut these into 2 inch squares
Cut the rest in to $3 \frac{1}{2}$ inch strips - cut two strips into $3 \frac{1}{2}$ inch squares, and the rest into 2 by $3 \frac{1}{2}$ inch rectangles

WITH TRIANGLE RULERS: Cut four $3 \frac{1}{2}$ inch squares from one end, then cut the rest into 2 inch strips