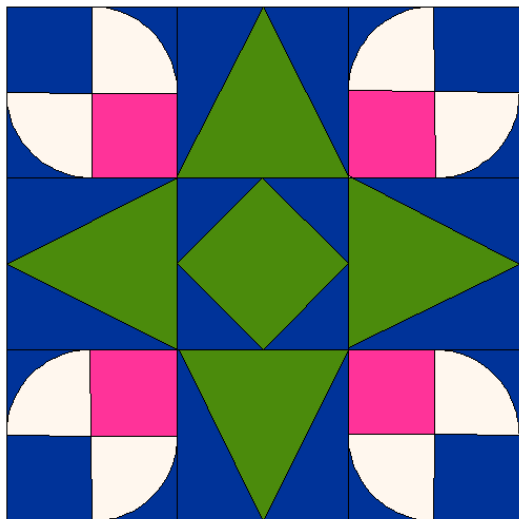


Bleeding Heart Block

15 inch finished (15 ½ inches edge to edge)



I remember the Bleeding Hearts in my Grandparent's garden and have always thought of them as an old-fashion flower. So does 'Canadian Gardening' which says "Well loved for its early blooms, bleeding hearts are a mainstay of cottage gardens They may be common but bleeding hearts (*Dicentra* spp.) add elegance and beauty to any garden. Also known as lady's locket and lady in a boat, this quick-growing, clump-forming, classic perennial has been gracing gardens for more than a century, and is well loved for its early blooms and ability to thrive under myriad conditions."

It seems quilters have loved it too. This pattern is from the Ladies Art Company, 1928. They showed the block in just two colours, but we have shaded it in pink and white.

Background (Twilight Blue)



- 4 - 3 inch squares for corners
- 4 - 3 inch squares for connectors
- 8 - 3 by 6 ½ inch rectangles for leaves
or a 5 1/2 inch strip cut into 4 pairs of triangles with the recs part of a tri-recs ruler.
- 8 - pieces to fit template A, keeping the straight edges on grain.

Leaf Green



- 1 - 5 ½ inch center square
- 4 - 5 ½ inch squares for the leaves, or
a 5 ½ inch strip cut into 4 tri sections from a tri-rec ruler.

Dark rose



- 4 - 3 inch squares for the centre of the 'hearts'

White



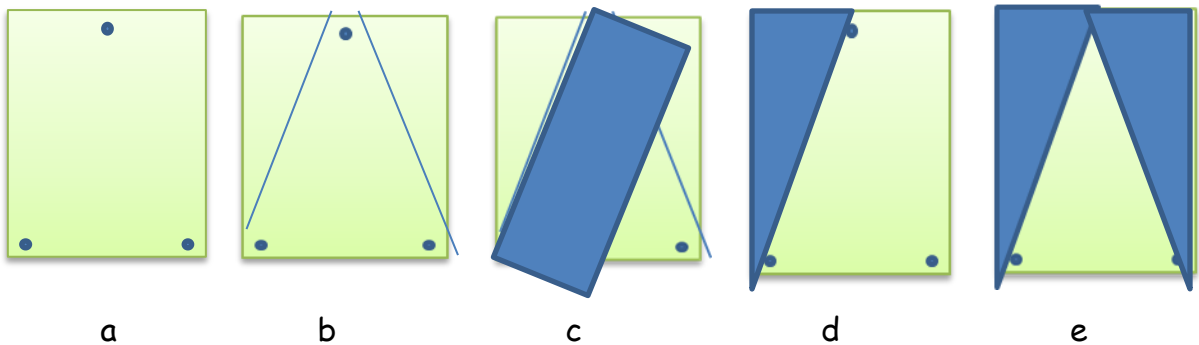
- 8 - semi-circles cut from template B. Keep the straight edges on grain.

For the centre, put four blue connector corners on the $5\frac{1}{2}$ inch green square. Note this works best if you sew on the opposite corners, press and trim the centre layer, then do the other two corners, press and trim. Square back to the $5\frac{1}{2}$ inches of the original green square.

The leaves - if you have a tri-recs ruler, use it to make four $5\frac{1}{2}$ inch squares, cutting the tri triangle from the green, and the rec triangles from the blue.

If not, use the technique from the Dutch Tulip - cut 4 - $5\frac{1}{2}$ inch squares.

- Place marks a quarter inch in from the lower corners, and $2\frac{3}{4}$ quarters in from the sides - $\frac{1}{4}$ inch down from the top.
- Draw lines $\frac{1}{4}$ inch from your points toward the corners of the rectangle.
- Place the blue rectangle on the line, and sew $\frac{1}{4}$ inch in from the line. The sewing line should go right through those original dots.
- Press the fabric toward the corner.
- Repeat for the other corner



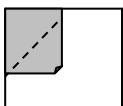
Trim your square back to $5\frac{1}{2}$ inches.

For the flowers - sew the background (template B) to the white quarter circles (template A). Just ease in the curve as you go - it is very gentle and if you pin the start and end, they should ease in nicely. Square up to 3 inches.

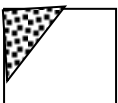
Sew 4 four patches with the blue background, and the rose square, and two of the quarter circles.

Lay the pieces out as shown in the diagram at the top of page 1, and sew your block.

Connector Corners:



Draw a line kitty corner across the back of your small connector square. Place this on the appropriate corner of your larger piece, right sides together. Make sure that the line that you drew is in the correct position. Now, sew along that line.



Press the connector into the corner so that the right side of the connector is in the correct position on the base piece, then trim away the centre layer $\frac{1}{4}$ inch from the seam. Square up your piece.

NOTE: The following should measure 3 inches on each straight outside line.

