

Blue Mountain Quilt Guild  
Caribbean Breeze  
Nov 2019 Block of the Month

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Finished Block 10 in.

Construction time 30 minutes or less

### **Material list**

1 – 2 ½” strip of cream material(provided)

4 – 2 ½ “ x 22” strips of teal, aqua, light green or light blue. (Think Caribbean Ocean colours)

1. Sew the 5 strips into a strata making sure the cream strip is in the centre using a ¼ inch seam. Trim your finished strata to 10 1/2“ wide (if necessary) taking an equal amount off each side.
2. Cut the strata into 10 1/2” segments, resulting in 2 - 10 1/2” squares
3. Layer the 2 squares on top of each other with one square oriented with the strata going east to west and the second square oriented with the strata going north and south. See figure 1
4. Sew the squares together along the outside edge using a ¼ inch seam. See figure 2
5. Cut the sewn square diagonally in both directions to yield 4 - ½ square triangles. See figure 3
6. Sew the ½ square triangles together as you would a 4 patch. Orienting the squares so the cream strips meet in the centre of the 4 patch. See figure 4
7. Square block to 12 ½ inches

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