

February BOM

Fabric Requirements:

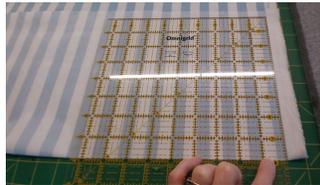
1 fat quarter of striped cotton fabric or yardage (straight stripes only) (**starch well before for cutting**)

Instructions:

1. Refold your fabric with right sides together and so that the selvages are on the sides and that the fold now is on the bottom. Your stripes will still run vertically. Shift the layers so that you have at least 8" measuring up from the bottom of the fold to the shortest raw edge along the top. Carefully align all the stripes through both layers along the top raw edges. ** I found it easier to align the stripes with right sides together as most fabrics are only printed on one side, it will also depend on your fabric.**



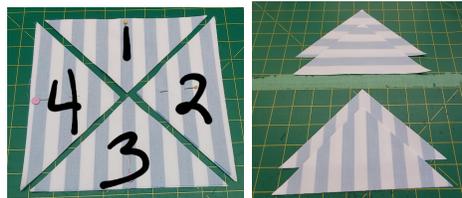
2. Position the width of the 8 inches either starting and ending on a stripe or centering it on a stripe. Cut both 8 inch square sets exactly the same!! Essentially you are cutting 4 squares the same, I prefer to work with 2 layers of fabric when cutting rather than 4.



3. Cut on both diagonals for each set.



4. Separate into 4 piles and pin together. Place all 1's, 2's, 3's, and 4's together from both sets. These will make your 4 blocks. Each of your sets will contain 4 identical triangles.



Select one set, arrange on a pressing surface so that they form a square, place the longest sides of the triangles so that they are on the outside edge of the block. The horizontal stripes will form a square in a square and the vertical stripes will form a T. Spritz with starch.



- Place 2 triangles right sides together. To align the stripes slightly offset the raw edges, you can now see if they are aligned. Spritz lightly again with starch and press. Use pins or I prefer to seal the deal with Acorn Piecing Glue to keep everything in its place!! Sew $\frac{1}{4}$ " seam aligning your foot with the most outside raw edge. Flip your triangles so that you start sewing with the right angle at the top and on your right hand side, sew down to the points being careful not to stretch. Set seam and press to one side. Sew the other half in the same manner. Press seams in opposing directions.



- Place the 2 halves together again slightly offsetting raw edges so that you can align the stripes. Nest the seams together in the middle, pin or glue into place. I prefer to start in the middle and sew to the point, flip the block over and sew again from the middle to the point. This ensures that the nesting of that seam doesn't shift by the time you get there and I just prefer not to begin sewing at the points. This is a long bias seam, careful not to stretch!! Set seam and swirl the center for less bulk!!



- Sew the other 3 blocks in the same manner. True up each block to $6\frac{1}{2}$ " square. Line up the 45 degree line on the ruler with the 45 degree seam on the block. The $\frac{3}{4}$ " dot on the ruler should be in the center of the block. Join together as a 4 patch. **Sew block together in the same configuration as mine.** An optical illusion will appear when multiple blocks are sewn together!! Swirl all seams for less bulk. Block should measure $12\frac{1}{2}$ " square.

