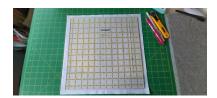
## October BOM Inset Circles



## Supplies:

- color Wheel (I like the Dritz Color Wheel, https://a.co/d/cxpiwXP)
- 14" white solid square (heavily starched)
- 1 8" Square of Orange, Green and Purple tone on tone (according to your color wheel) (You will adjust the size of the square to the freezer paper size depending on which color you allocate to each size of circle)
- white freezer paper (2 8"squares, 2 6" squares, 2 4" squares) (brown will work too, just easier to trace with the white...)
- light box (if you have one, to trace)
- zipper foot or open toe foot
- a good sense of humor!!! You got this, it's not as hard as you think!!!
- print out circle templates (ACTUAL SIZE SETTING)
- 1. Mark a 12 1/2" "square centered on the white 14" square to define your space for your circles. Decide about where you want to place your 2", 4", and 6" inch circles. You can place them anywhere as long as they are at least 1" within the marked 12 1/2" square.



2. Trace the 2", 4" and 6 " circles using a pencil, centered onto one of the 4", 6" and 8" squares of freezer paper. You should have a 1 inch border all around the circle. Now fuse each traced square to the same size square of freezer paper left over, **both layers are paper side up to you and wax side down.** Use a wool to cotton dry setting. I fused on a scrap of fabric so that they aren't stuck to your ironing board. Let cool then peel off of fabric scrap. You now have 2 thicknesses of freezer paper. **Very carefully cut out the circles**, **your finished circles depend on the templates being cut nice and smooth.** 



4. Fuse the 6" circle template to the wrong side of your 14" white square, the side where you marked your 12  $\frac{1}{2}$ " centered square. Decide where you want your circle, keep in mind the placement of the other 2...



5. Mark a ½" seam allowance onto the fabric then trim.

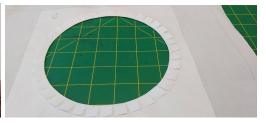




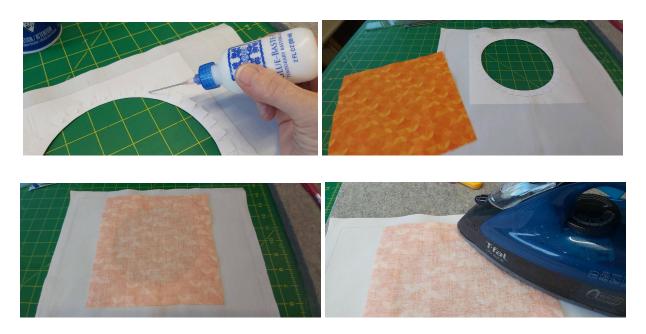
- 6. Clip the seam allowance about every  $\frac{3}{6}$ " for a smooth circle. For the 2" circle I clipped every  $\frac{1}{4}$ ". Make sure your clip stops within  $\frac{1}{6}$ " from the freezer paper template. If you clip too close your circle will be jaggity!!
- 7. Spray some starch into the lid or a small cap. Using your paint brush saturate the seam allowance and press up around the circle. I use my fingers first to pull the seam back right up to the freezer paper edge, then using a small iron press until dry. If you have any little pokies you can moisten and re press.



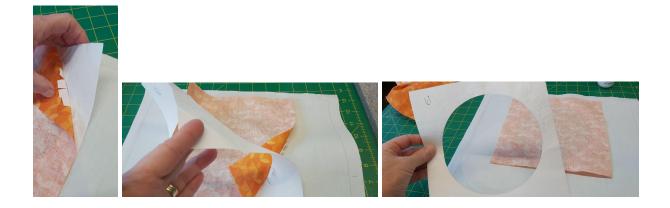




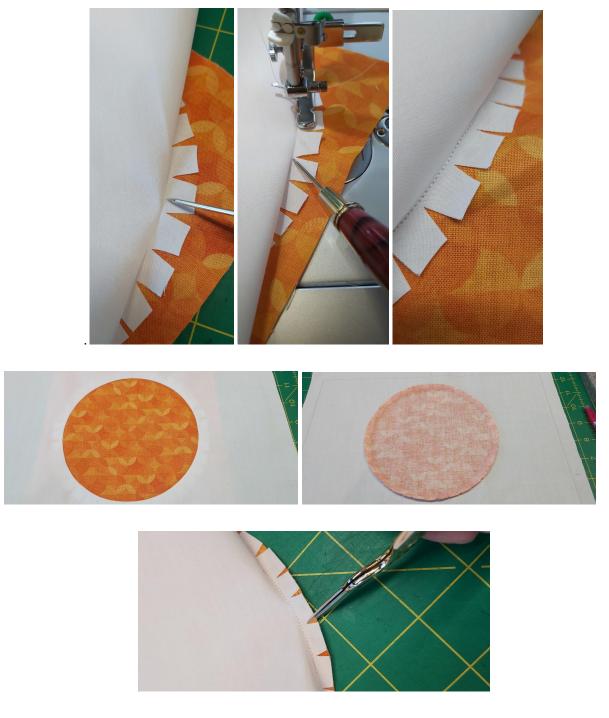
8. Apply a dot of basting glue close to the turned circle edge and select a colored square of your choice. Place the square right side down onto the circle opening and press until adhered.



9. Gently remove the freezer template.



10. Stitch in the crease, using a zipper foot or an open toe foot, around the circle stitching  $\frac{1}{4}$ " past where you started. I use a short stitch length of 1.5 - 1.8 for a nice smooth circle. Re stitch any wobbles you may have. I prefer an 80wt thread on top and in the bobbin for a nice flat seam. Take your time!!!! I removed the orange in between the clips for a no show thru finish. Trim seam allowance to  $\frac{1}{4}$ ".



Repeat these steps for the 4" circle and the 2" circle!! True block to 12 ½" square.

You are done!!! How fun was that!!!!